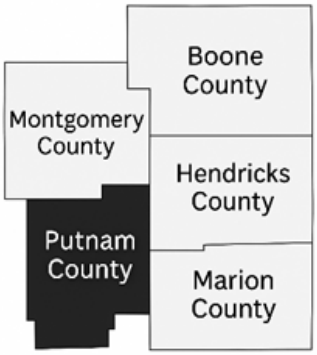
CUMMINS
Behavioral Health Systems, Inc.
Serving Central and West Central Indiana Since 1972



2025 Putnam County Needs Assessment

STRENGTHS

- Easy to access services—offered at school, home, and online as well as walk-in hours
- Peer support services
- Strong community partnerships and advocacy
- Compassionate and responsive care
- Crisis support available through Hendricks County care team for some areas of the county

CONCERNS

- Higher suicide rate and no Local Outreach to Suicide Survivors (LOSS) team
- Substance use and lack of treatment options in the county
- Youth mental health (depression and anxiety) and substance use
- Barriers to care due to lack of insurance coverage
- Physical health and social support for older adults
- Lack of awareness and stigma of receiving mental health services, especially among older adults
- Behavioral health workforce shortage and turnover

NEEDS

- Expanded crisis services, including mobile crisis response
- Increased community awareness of Cummins' services and types of insurance accepted
- Better coordination among courts and hospitals, housing, and transportation systems to support people with serious co-occurring mental health and substance use needs

Proposed Plan

- Expand 24/7 mobile crisis services and increase staffing, including integrated Assertive Community Treatment (ACT) team
- Train providers and care team in Motivational Interviewing and Illness Management & Recovery
- Offer evening hours 1-2 days per week
- Enhance targeted outreach and partnerships

Cummins **seeks to expand its Certified Community Behavioral Health (CCBHC)** model of care beyond Hendricks County to its entire service area, including **Putnam County**.

The CCBHC model includes:

- 24 hours/7 days a week crisis services
- Comprehensive behavioral health services
- Care coordination to navigate behavioral and physical health care, social services, and access to other needed support

In collaboration with the **University of Cincinnati Evaluation Services Center**, Cummins conducted two needs assessments in 2025 to identify county needs and inform CCBHC implementation.

The Putnam County assessment included synthesizing existing county data and conducting **13 interviews** with community members, service providers, and organizational partners.

The needs assessment focused on **underserved groups** that face barriers **such as stigma, awareness, limited resources and services** to access mental, behavioral, and physical health care:

- Veterans
- Older Adults
- Unhoused
- Justice-Involved
- Youth
- Limited-English Speakers

UC EVALUATION SERVICES CENTER
Data Inspiring Change

To access the 2025 Needs Assessment reports: https://www.cumminsbhs.org