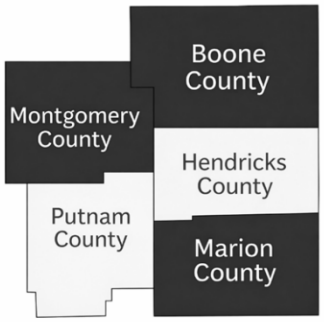
CUMMINS
Behavioral Health Systems, Inc.
Serving Central and West Central Indiana Since 1972



2025 Regional Needs Assessment

STRENGTHS

- Easy to access services—offered at school, home, and online as well as walk-in and evening hours
- Peer support services
- Strong community partnerships and advocacy
- Compassionate and responsive care
- Crisis support available through Hendricks County care team for some areas of the region

CONCERNS

- Suicidal ideation among elementary students
- Increased concerns about young adult mental health
- Barriers to care due to lack of insurance coverage
- Depression, social isolation, co-morbidities, and mental health stigma among seniors
- Substance use and lack of treatment options in the county
- Behavioral health workforce shortage and turnover
- **Montgomery County:** Higher suicide rates
- **Marion County:** Higher substance use rates

NEEDS

- Expanded crisis services, including mobile crisis response
- "One-stop shop" for a variety of health services
- Increased community awareness of Cummins' services and types of insurance accepted
- Transportation, employment opportunities, and safe and stable housing
- Increased cultural competence training, health navigation, and reliable in-person interpretation for limited-English speakers

Proposed Plan

- Expand 24/7 mobile crisis services and increase staffing, including integrated Assertive Community Treatment (ACT) team
- Train providers and care team in Motivational Interviewing and Illness Management & Recovery
- Expand evening hours 1-2 days per week in some locations
- Enhance targeted outreach and partnerships

Cummins **seeks to expand its Certified Community Behavioral Health (CCBHC)** model of care beyond Hendricks County to its entire service area, including **Montgomery, Boone, and Marion counties**.

The CCBHC model includes:

- 24 hours/7 days a week crisis services
- Comprehensive behavioral health services
- Care coordination to navigate behavioral and physical health care, social services, and access to other needed support

In collaboration with the University of Cincinnati Evaluation Services Center, Cummins conducted two needs assessments in 2025 to identify county needs and inform CCBHC implementation.

The regional assessment included synthesizing existing county data and conducting **23 interviews** with community members, service providers, and organizational partners.

The needs assessments focused on **underserved groups** that face barriers **such as stigma, awareness, limited resources and services** to access mental, behavioral and physical health care:

- Veterans
- Older Adults
- Unhoused
- Justice-Involved
- Youth
- Limited-English Speakers

UC EVALUATION SERVICES CENTER
Data Inspiring Change

To access the 2025 Needs Assessment reports: https://www.cumminsbhs.org